

21.22.23.24.25.26.MARCH.2016

S. PEDRO SUL . VILA NOVA DE PAIVA . VOUZELA . VISEU

UCI S2 EVENT - TECHNICAL GUIDE





PORTUGAL TOUR PARTNERS:

















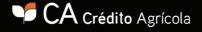
















PRESENTATION OF THE EVENT

In it second edition PORTUGAL TOUR MTB aims to provide to all the MTB lovers, one unique experience, a 6 days adventure of pure mountain bike, extraordinary tracks, amazing landscapes and lots of fun. More than just an event, the PORTUGAL TOUR attempt to offer to all Portuguese athletes one of a kind experience which until the previous edition can only be achieved out of the country and to all foreign athletes the best of Portugal has to offer. The PORTUGAL TOUR is a team challenge (2 riders) where the team work is the main goal in the MTB world. In this second edition, one of the main goals it's to continue to built something which allow us to internationalized the Portuguese tracks and attracts attention to the spectacle assembled in every stage. With an experienced team and many volunteers and associations it will be for sure more than a race, it will be a journey of experiences by the toughest locations in Portugal (Serra Montemuro, São Macário, Serra da Freita, Caramulo). Once more, we'll be counting with great names of world's elite and we believe that combination with the high technical level of the race became more than a competition, one challenge that we propose to everyone that pretends to achieve a goal with self sacrifice. Always with safety and medical care, this is for sure, a test to the mental

and physical structure of the athlete, but also the fully enjoyment of the athlete and his love for MTB sport.

PORTUGAL TOUR MTB, TO BE AWESOME

VILA NOVA DE PAIVA GPS: 40.852120,-7.729939





Called Barrelas until the end of XVI century, Vila Nova de Paiva is located between the councils of Moimenta da Beira, Viseu, Satão, Castro de Aire e Tarouca. Central to the highland region of Alto Paixa — in "Demo Lands" of Aquilino Ribeiro (Portuguese Writer), more than 80 percent of the municipality extends from lowlands above 800 meters. With a granitic landscape, the amount of nature present, favor the practice of walking, invite to dive in a fluvial beach and encourage to the traditional gastronomy. Known by the gastronomic qualities, dare to prove since the boar, rabbit stew, trout, lamb stew, young goat "caldeirada" stew to the Pendilhe's smoked sausages. Delight yourself with the regional sweets "relão" mush, eggs bread, Eastern chips and pumpkin juice with milk. Knew the Pendilhe's honey and the Touro's goat cheese. "Ver Paiva" (See Paiva) is the main festivity of Vila Nova de Paiva.

TOURIST ATTRACTIONS:

Queiriga's Dolmen | Botanic Park "Arbustus do Demo" | Fráguas | Karting

SÃO PEDRO SUL GPS: 40.736536,-8.088055





São Pedro do Sul is a city located in full Lafões valley, framed by Arada, Gralheira and S. Macário mountains. There we found the typical schist villages — Pena village, Fujaco village, Covas do Monte or Covas do Rio village and the most Portuguese village, Manhouce, with the ethnographic traditions, gastronomic and artistic, very likable is the dish Gralheira's young goat. Known by their thermal properties, explored since the first century of our era, the thermal spa of São Pedro do Sul has a sulphurous water at 68,7°C with verified healing properties. In our days the São Pedro do Sul thermal spa is the most attended of our country and have excellent technical and human resources and magnificent facilities. With many festivities and festivals over the year, stands out the Honey and Chestnut's Fairy. Gastronomically speaking the roast veal is the most famous main course, given the quality of the meat and mastery of seasoning.

TOURIST ATTRACTIONS:

Manhouce Rote | Pena's Village | Thermal Spa

VOUZELA GPS: 40.724456,-8.113280





The beautiful village of Vouzela, county seat, stays in the nice region of Beira Alta, in the fertile area of Lafões, enchanted by his natural beauty, patrimony and ancient history. Amoung all, stand out the amazing landscapes of Mata do Castelo located above 3 kilometers of the village and approximately 520 meters of altitude, considered by many, the most beautiful viewpoint of Beira Alta region. The Penoita forest represents one of the most natural values and the most interesting place of Vouzela. From the 1070 meters of altitude you can found the highest point of Vouzela village. Called Ventoso hill it's a high value scenery location. Once in Vouzela start a flavors journey and try de dry soup feature of Alcofra and the Lafões's veal. Finally sweeten your mouth with the delicious Vouzela's cakes. Vouzela was once a deeply agrarian region, which has in the linen, the wicker and the wool one of its subsistence means, and therefore their most famous festivities are the Castle Feast and the Handicraft Fairy of Vouzela.

TOURIST ATTRACTIONS:

Penoita's Tour | Vouzela GeoTour | Paragliding | Ventoso Hill Lapa de Merujé Dolmen | MTB Center

VISEU GPS: 40.671943,-7.895791





Viseu it's the only Portuguese district which do not does border nor with the sea neither with Spain. Placed in the country's north — center region its one of the hilliest districts, belonging to it the following saws: Lapa (953 meters), Leomil (1008 meters), Caramulo (1071meters), Gralheira (1116 meters) and Montemuro (1382 meters). To know this area, nothing better than a tour between the houses, villas and wine cellars of the Dão Wine Route. Consider the best Portuguese city to live, has a very rich history. With so many motives to visit it, add to richness of the region, the excellence gastronomy, standing out the "Caldo Verde" soup, the veal courses, "Carqueja" rice, lamprey, duck, roast codfish, with "batatas a murro" (potatoes) and the traditional Beira's sausages. The desserts are equally famous, with emphasis for the one's done mostly by eggs.

Get adventurous by the streets, discover alleys and lanes, and find out a market of colors and aromas, lose yourself by the squares and fonts and rest in one of the inviting gardens of the ancient city, mistress of majestic monuments and endless architectural beauties.

TOURIST ATTRACTIONS:

Cava do Viriato | City and Doors Wall | Fontelo | Viseu's Cathedral

TECHNICAL STAFF

Event Director: André Duarte

Medical Assistance Coordinator:

Em atualização

UCI Comissaire:

Em atualização

National Commissaires:

UVP-FPC

Acreditation Coordinator:

Em atualização

Staff Coordinator:

Tatiana Coelho

Communication and image:

Ser e Parecer - Comunicação, Design e Publicidade

Timing Company:

Stop and Go

Photography and Video:

Stop and Go

Official TV Broadcast:

A Bola TV



1ST STAGE - 21 MARCH

Viseu > Vila Nova de Paiva 60km / 1500m Clim<u>bing</u>

HOURS

9:00 to 10:00 - Register's Office

10:45 - Briefing

11:00 - Start

15:30 - Awards Ceremony

18:30 - Transfer to Dinner

(next to Municipal Council of VNP)

19:00 - Dinner

20:30 - Transfer to Hotel

SIGNS

Signs



Spray



LOCATIONS

Register's Office / Race Start: Santiago's Park

Latitude: 40°40'1.87"N Longitude: 7°54'10.16"W

Parking Area of start: Fontelo's Park

Latitude: 40°39'39.82"N Longitude: 7°54'10.08"W

Arrival: Municipal Council of Vila Nova de Paiva

Latitude: 40°51'4.19"N Longitude: 7°43'44.21"W

Baths: Secundary School of VNP

Latitude: 40°51'14.89"N Longitude: 7°44'5.39"W

Overnight: Secundary School of VNP (hard floor)

Latitude: 40°51'14.30"N Longitude: 7°44'7.67"W

Dinner: Botanic Park "Arbustus do Demo"

Latitude: 40°49'18.88"N Longitude: 7°45'46.39"W





2ND ETAPA - 22 MARCH

Vila Nova de Paiva > S. Pedro Sul Bathhouses 78km / 1700m Climbing

HOURS

08:00 - Breakfast

09:00 - Briefing

09:30 - Start

15:00 - Awards Ceremony

19:00 - Dinner

SIGNS

Signs



Spray



LOCATIONS

Breakfast

Latitude: 40°51'17.12"N Longitude: 7°44'5.77"W

Race Start: Arrival from first stage

Latitude: 40°51'3.95"N Longitude: 7°43'44.26"W

Arrival: S. Pedro do Sul's Bathhouses

Latitude: 40°44'20.19"N Longitude: 8°5'24.45"W

Baths: S. Pedro do Sul's Bathhouses

Latitude: 40°44'22.03"N Longitude: 8°5'30.21"W

Dinner: INATEL PALACE HOTEL





3RD STAGE - 23 MARCH

S. Pedro Sul Bathhouses

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S. Pedro Sul Bathhouses

108,5km / 3185m Climbing

HOURS

08:00 - Breakfast

09:00 - Briefing

10:00 - Start

17:00 - Awards Ceremony

19:00 - Dinner

SIGNS

Signs



Spray



LOCATIONS

Breakfast - HOTEL

Latitude: 40°44'20.19"N Longitude: 8°5'24.45"W

Race Start: S. Pedro do Sul Bathhouses

Latitude: 40°44'20.19"N Longitude: 8°5'24.45"W

Arrival: S. Pedro do Sul Bathhouses

Latitude: 40°44'20.19"N Longitude: 8°5'24.45"W

Baths: S. Pedro do Sul Bathhouses

Latitude: 40°44'22.03"N Longitude: 8°5'30.21"W

Dinner: INATEL PALACE HOTEL





4TH STAGE - 24 MARCH

Vouzela > S. Pedro Sul Bathhouses > Vouzela 11,5km / 222m Climbing

4 LAPS

HOURS

07:00 - Breakfast

08:00 - Transfers

09:00 - Briefing

10:00 - Start

13:00 - Awards Ceremony

19:00 - Dinner

SIGNS

Signs



Spray



LOCATIONS

Breakfast - HOTEL

Latitude: 40°44'20.19"N Longitude: 8°5'24.45"W

Race Start: Vouzela

Latitude: 40°43'17.79"N Longitude: 8°6'38.73"W

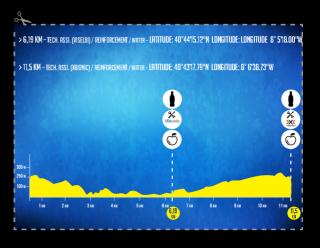
Arrival: Vouzela

Latitude: 40°43'17.79"N Longitude: 8°6'38.73"W

Baths: Vouzela

Latitude: 40°43'17.79"N Longitude: 8°6'38.73"W

Dinner: INATEL PALACE HOTEL





5TH STAGE - 25 MARCH

Vouzela > Vouzela

64,9 km / 1546 m Climbing

HOURS

07:00 - Breakfast

09:00 - Briefing

10:00 - Start

13:00 - Awards Ceremony

19:00 - Dinner

SIGNS

Signs



Spray

White Ribbons





LOCATIONS

Breakfast - HOTEL

Latitude: 40°44'20.19"N Longitude: 8°5'24.45"W

Race Start: Vouzela

Latitude: 40°43'17.79"N Longitude: 8°6'38.73"W

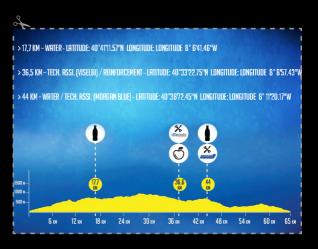
Arrival: Vouzela

Latitude: 40°43'17.79"N Longitude: 8°6'38.73"W

Baths: Vouzela

Latitude: 40°43'17.79"N Longitude: 8°6'38.73"W

Dinner: INATEL PALACE HOTEL





6TH STAGE - 26 MARCH

Vouzela > Viseu 65 km / 1500 m Climbing

HOURS

07:00 - Breakfast 09:00 - Briefing 10:00 - Start

13:00 - Awards Ceremony

SIGNS

Signs



Spray

White Ribbons





LOCATIONS

Breakfast - HOTEL

Latitude: 40°44'20.19"N Longitude: 8°5'24.45"W

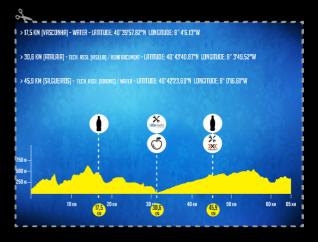
Race Start: Vouzela

Latitude: 40°43'17.79"N Longitude: 8°6'38.73"W

Arrival: Viseu

Latitude: 40°39'53.52"N Longitude: 7°55'21.84"W

Baths: Viseu (FÁBRICA) Latitude: 40°40'16.67"N Longitude: 7°55'25.05"W



RACE DETAILS

UCI S2 RACE - TEAM CHALLENGE (2 RIDERS)

RACE CATEGORIES:

MEN:

UCI ELITE

ELITE

MASTER 30

MASTER 40

MASTER 50

WOMEN:

UCI ELITE

ELITE

MASTER 30

MASTER 40

MASTER 50

COMBINED TEAMS

RACE MAPS

STAGE 1



STAGE 4



STAGE 2



STAGE 5



STAGE 3



STAGE 6



PRIZE LIST

		1 º	2 º	3⁰	4 º	5º	6º	7º	8 º	9º	10º	11º	12º	13º	14º	15º
UCI Team Elite Men	FINAL	900€	600€	400€	195€	160€	135€	120€	100€	85€	70€	45€	45€	45€	45€	45€
	STAGE	200€	130€	100€	65€	60€	55€	45€	40€	30€						

		10	2 º	3⁰	4 º	5º	6⁰	7º	8 º	9º	10⁰
UCI Team Elite Women	FINAL	600€	400€	300€	195€	160€	135€	120€	100€	85€	70€
	STAGE	200€	130€	100€	65€	60€					

CONTACTS

STOP AND GO

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PROMOTIONAL VIDEOS:

www.vimeo.com/121789017 www.vimeo.com/123370751

Stage 1 - www.vimeo.com/123865567

Stage 2 - www.vimeo.com/124001222

Stage 3 - www.vimeo.com/124103367

Stage 4 - www.vimeo.com/124432851

Stage 5 - www.vimeo.com/124776541

Stage 6 - www.vimeo.com/124885953

SOCIAL MEDIA:

http://bike-channel.tv/film/how-to-rose-vaujany-survive-a-mtb-race







WWW.PORTUGALTOURMTB.COM